



**Please note: on the starting day of every course there will be a pick-up service – for more information see box.**

**By air**

From Brussels National Airport (Zaventem) take a train to "Leuven" and change train to Genk. Further info, see "Travelling from within Belgium"

**Travelling from within Belgium**

Take a train to Genk and then take bus #45 towards Maaseik. Get off at "Dilsen Kruispunt" bus stop. This bus runs regularly and takes approximately 40 minutes. For complete details and times please see the route planner at <http://www.delijn.be> (bus), <http://www.b-rail.be> (train).

**Travelling from the Netherlands**

Take a train to Maastricht from where you can take buses. To find out the best route, please check <http://9292.nl/>. From Maastricht, take bus #63 to Maasmechelen Centrum, where you change to bus #45 towards Maaseik. Get off at Dilsen Kruispunt bus stop. These buses run regularly. The journey time to Maasmechelen Centrum is approximately 45 minutes. Bus #45 waits for bus #63 in Maasmechelen Centrum and takes another 15 minutes to "Dilsen Kruispunt". For complete details and times please see the route planner at <http://www.delijn.be>.

There is an alternative: you can travel via Sittard and use the pick-up service from the ferry in Berg a/d Maas (Urmond). See the box for more information.

**Travelling from Germany**

Take a train to Aachen where you can take a bus to Maastricht or take a connecting train to Maastricht via Heerlen. To find out the best route, please check <http://9292.nl/en/>. From Maastricht, follow the instructions above. Alternatively it is possible to travel from Germany via Sittard and make use of the pick-up service from the ferry in Berg a/d Maas (Urmond).

There is an alternative: you can travel via Sittard and use the pick-up service from the ferry in Berg a/d Maas (Urmond). See the box for more information.

**Pick-up service**

At the bus stop Dilsen Kruispunt or at the ferry in Berg a/d Maas (Urmond) on the starting day of every course.

Please let the centre know at what time you need to be picked up by calling the Dhamma Pajjota office between 9.30 and 11.30 (Mon – Fri), tel. +[32](0)89-51.82.30 or by sending an e-mail to [info@pajjota.dhamma.org](mailto:info@pajjota.dhamma.org)

*Bus stop Dilsen Kruispunt, Belgium*

Participants coming by bus can be picked up at the bus stop Dilsen Kruispunt between 2 and 5 pm.

*Ferry Berg a/d Maas, Netherlands*

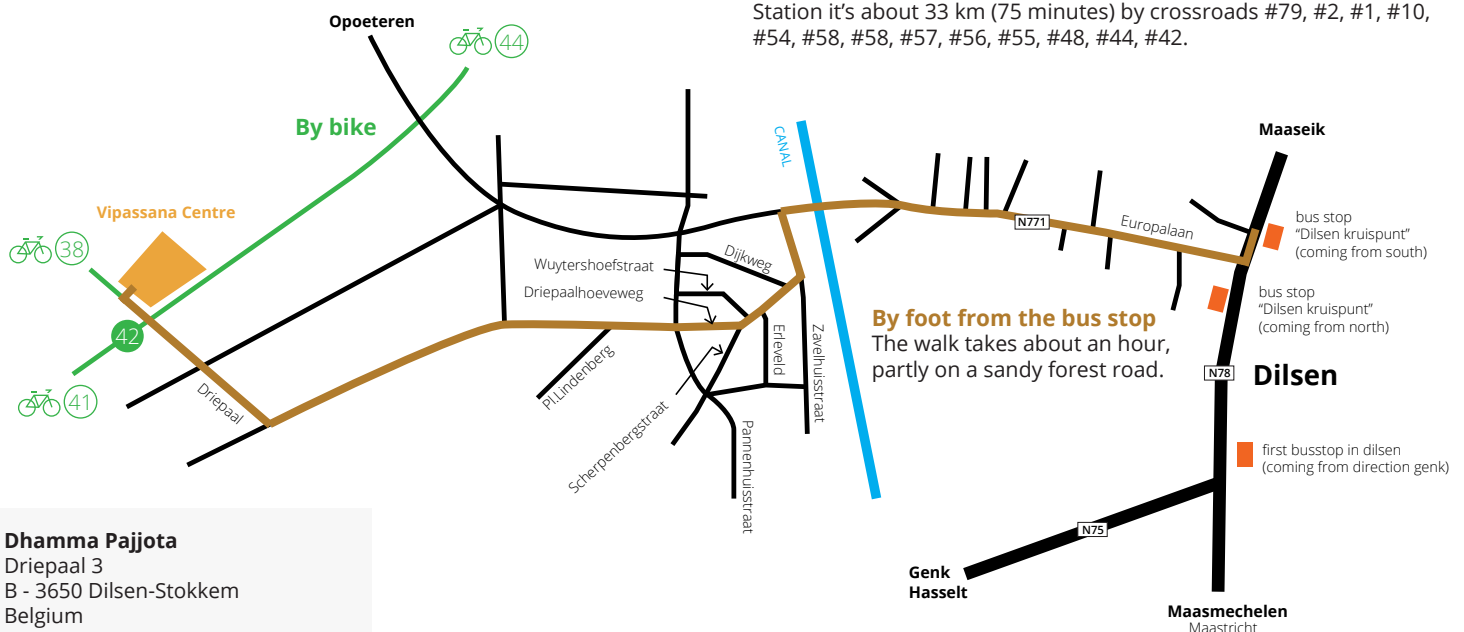
Participants travelling from the Netherlands or Germany can also be picked up at the ferry across the Maas river at Berg a/d Maas (Urmond). Take the train to Sittard and then take the bus to Beatrixplein, Berg a/d Maas (Urmond) from there. From Sittard bus 11 goes each half an hour. But one every hour needs to be reserved an hour on advance before the bus leaves. This can be done with the following phone number 0031 900 0699. In the peak times bus 110 will drive in stead of the bus that needs to be called on advance. For more details and bus times the journey planner can be checked: <http://9292.nl/en/>. From Beatrixplein, it is a short walk to the ferry across the Maas River. The ferry is free for foot passengers. The whole journey from Sittard to the ferry takes about 20-25 minutes. The centre car will be at the ferry at the requested time (between 2 and 5 pm at around 15 and 45 past the hour). There is a charge of 3 euro per person for this service. Please note that it saves you approx. 1 hour travel time and around 10 euro.

*This pick-up service is only available at the beginning of the course. For the return journey it is likely to find a lift with other participants. Please check the board "Lifts Offered" on the last day of the course. If you need assistance, contact the office.*

**By bike**

Cyclists may make use of the official bicycle path system of the province of Limburg (Kempen and Maasland counties). Dhamma Pajjota is to be found at crossroad nr. 42 on that system. <http://www.fietsnet.be/>

From Genk Station it's about 20km (45 minutes). At the station take Europalaan to the left and then follow the signs "Fietsroutenet". From then go by crossroads #30, #41, #41, #42. From Maastricht Station it's about 33 km (75 minutes) by crossroads #79, #2, #1, #10, #54, #58, #58, #57, #56, #55, #48, #44, #42.



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